

EFFICIENT TRIANGULATIONS
OF
THREE-MANIFOLDS

with

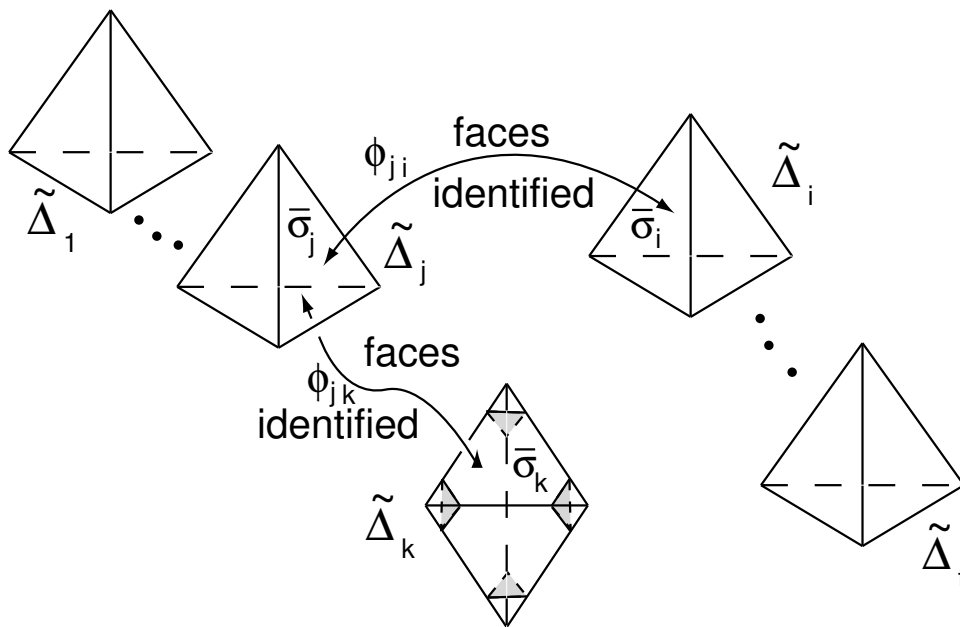
J.Hyam Rubinstein

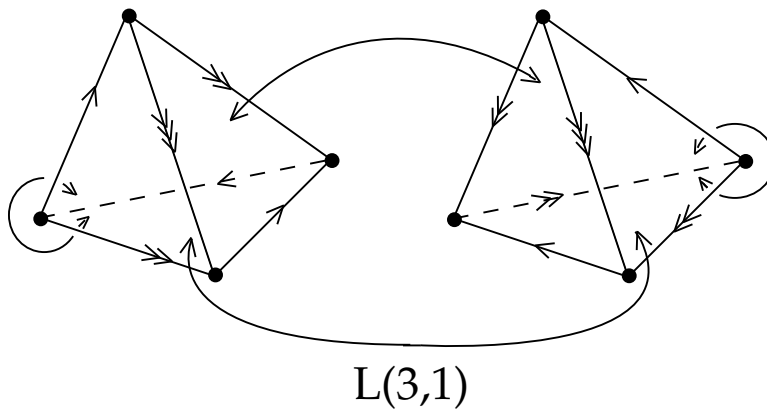
TRIANGULATIONS

$\Delta = \{\tilde{\Delta}_1, \dots, \tilde{\Delta}_t\}$ is a pairwise-disjoint collection of oriented, tetrahedra.

Φ is a family of affine isomorphisms pairing faces of the tetrahedra in Δ

$\phi \in \Phi$, then ϕ is an orientation-reversing affine isomorphism from a face $\sigma_i \in \tilde{\Delta}_i$ to a face $\sigma_j \in \tilde{\Delta}_j$, possibly $i = j$.





Δ/Φ is a 3-manifold (except possibly at the images of the vertices of the $\tilde{\Delta}_i$).

We collect all this information into a single symbol \mathcal{T} and set $|\mathcal{T}| = \Delta/\Phi$.

Link of each vertex a 2–sphere or a 2–cell, then $M = |\mathcal{T}|$ oriented 3–manifold, possibly with boundary, and call \mathcal{T} a **triangulation** of M .

All triangles form **vertex-linking surface**, which in this case each component is either a 2–sphere or a disk.

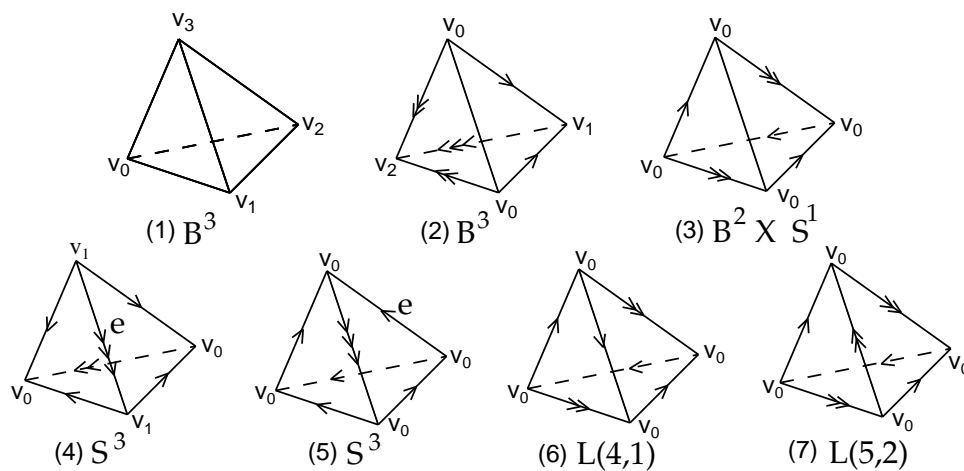


FIGURE: Five (5) orientable 3–manifolds and seven (7) distinct triangulations from a single tetrahedron.

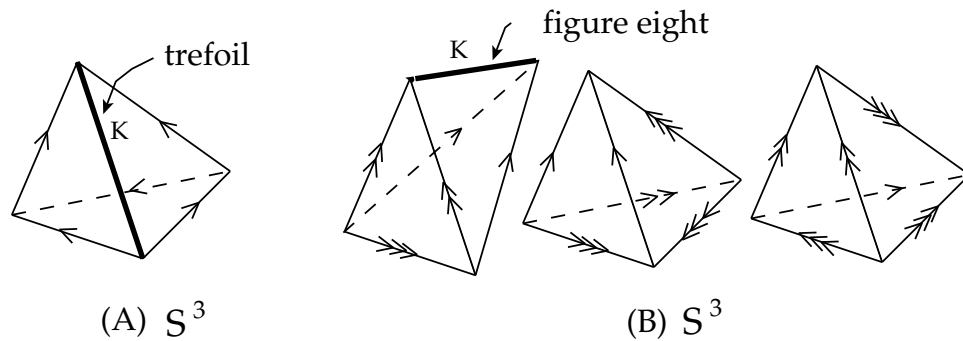


FIGURE: One-vertex triangulations of S^3 having the “trefoil knot” (A) as an edge and the “figure eight knot” (B) as an edge.

Theorem. *Given any knot in S^3 , there is a one-vertex triangulation of S^3 having the knot as an edge of valence one.*

- Census of distinct triangulations up to six tetrahedra
- (Matveev et al) Census of all *minimal* triangulations up to nine tetrahedra.

Link of some vertex is a closed surface, distinct from the 2-sphere, we say \mathcal{T} is an **ideal triangulation** of the 3-manifold $M = |\mathcal{T}| \setminus |\mathcal{T}^{(0)}|$.

All triangles form **vertex-linking surface**, which in this case may have genus ≥ 1 , the **index** of the **ideal vertex**.

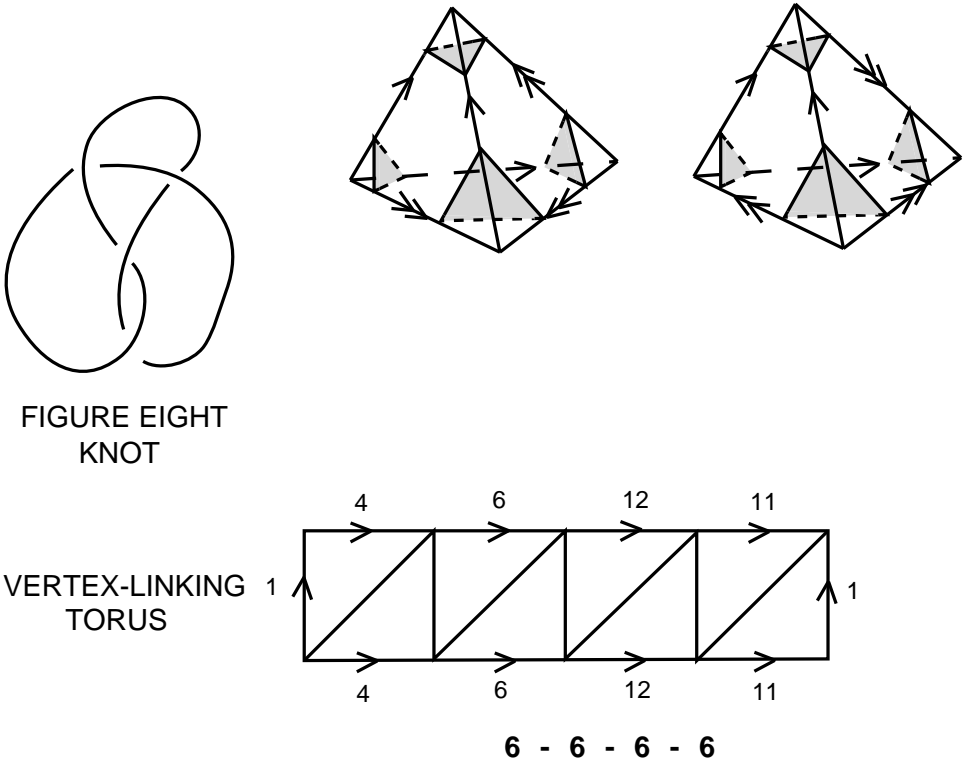


FIGURE: Ideal triangulation of Figure Eight knot complement in S^3

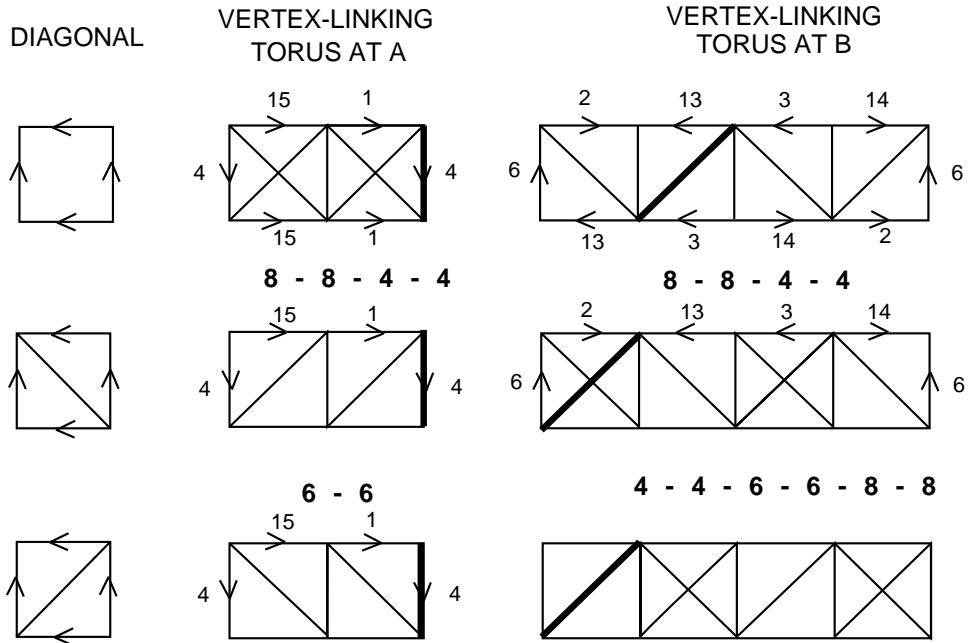
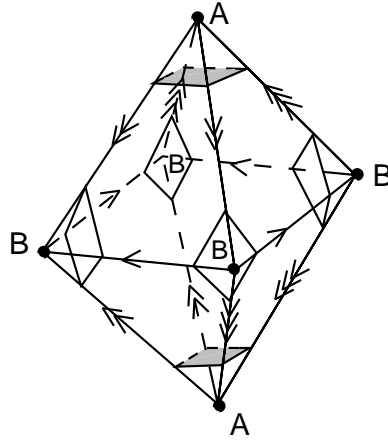
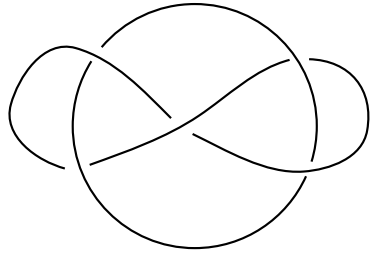


FIGURE: Ideal triangulation of Whitehead link complement in S^3 .

QUESTION: “How common are ideal triangulations?”

Theorem. *Given any knot (link) in S^3 , there is an ideal triangulation of its complement (with meridional slope an edge slope having length ≤ 2).*

Theorem. *Suppose M is a compact, irreducible, ∂ -irreducible, 3-manifold. Then $\overset{\circ}{M}$ admits an ideal triangulation.*

Remark. If M is given with a triangulation \mathcal{T} having t tetrahedra, then an ideal triangulation \mathcal{T}^* of $\overset{\circ}{M}$ can be constructed having $< t$ tetrahedra.

LAYERED TRIANGULATIONS

Layered solid torus

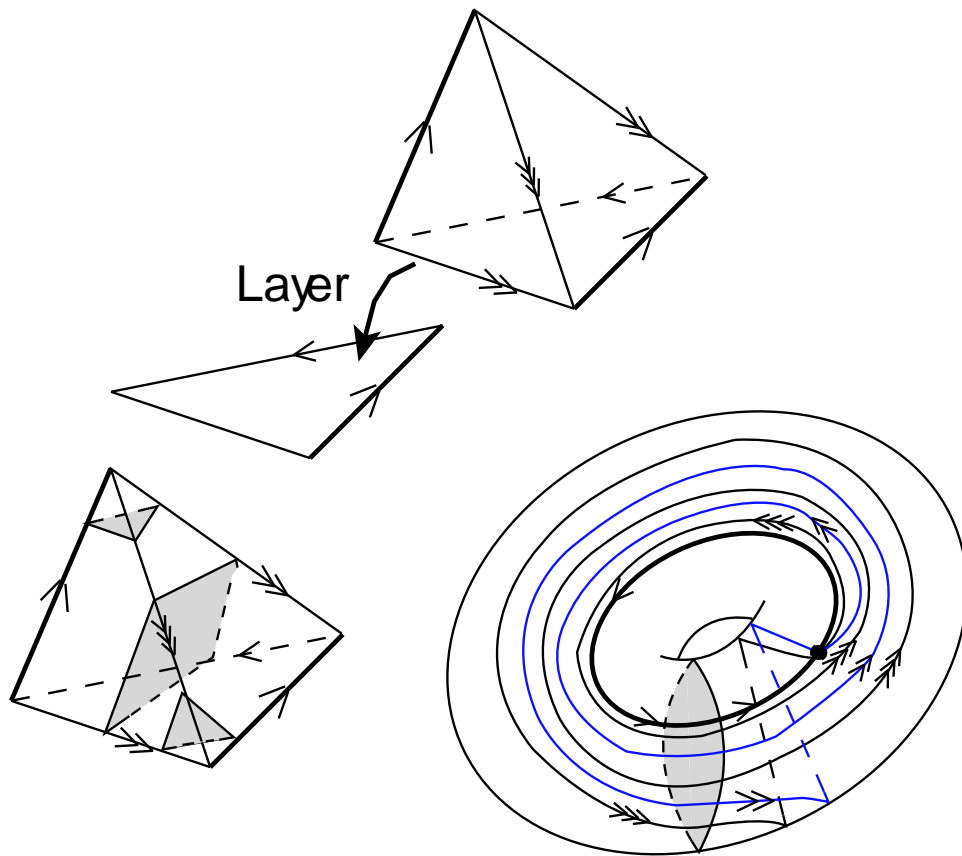


FIGURE: One-tetrahedron Triangulation of solid torus.

Layered solid torus (con't)

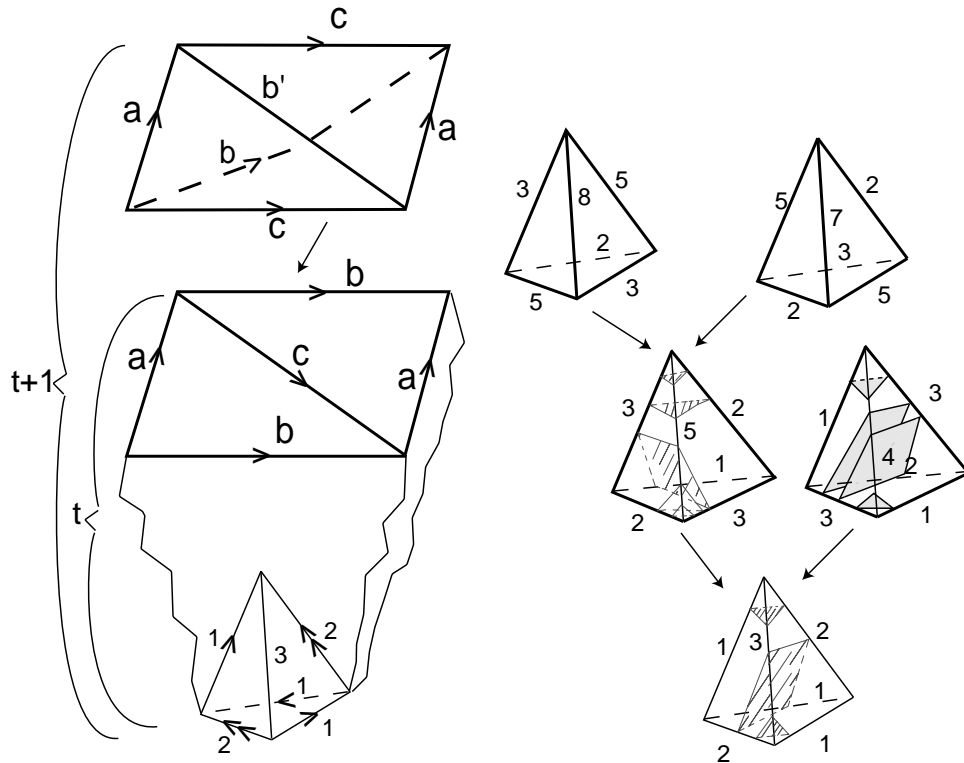
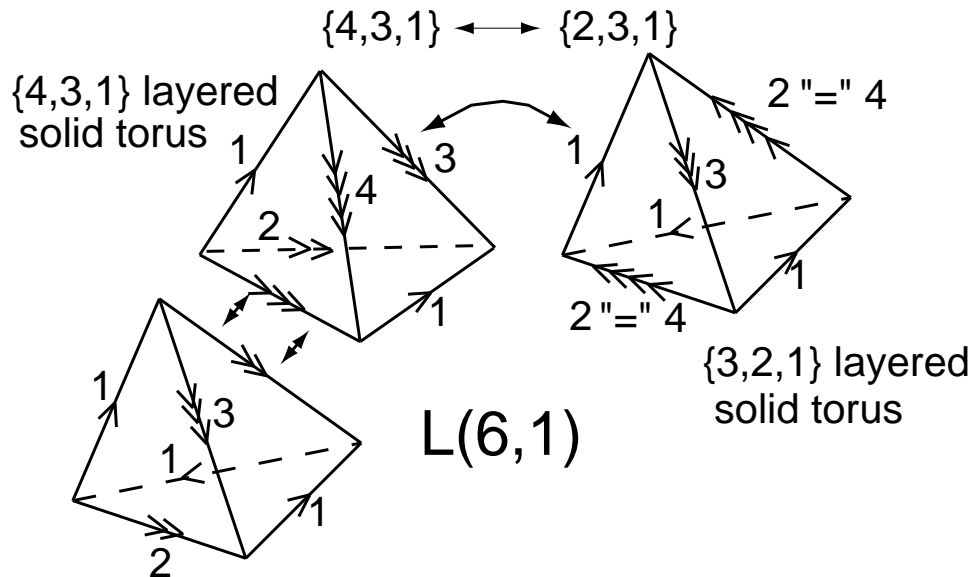


FIGURE 5. Layered solid torus.

FIGURE: Layered triangulation of a solid torus.

Theorem. *Given any one-vertex triangulation \mathcal{T}_∂ on the boundary of a solid torus, there is a unique minimal layered triangulation \mathcal{T} of the solid torus extending \mathcal{T}_∂ .*

Layered Triangulations of Lens Spaces



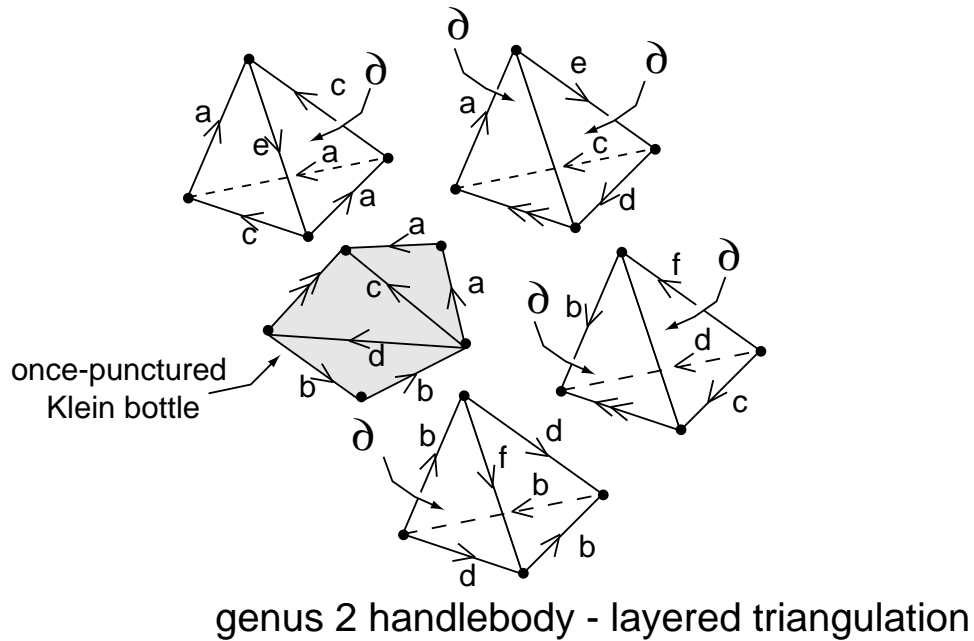
EXAMPLE: Layered triangulation of the Lens Space $L(6, 1)$.

Theorem. *Every lens space admits a layered triangulation.*

Type I. $\{3, 2, 1\} \leftrightarrow \{q, p + q, p\} = L(3p + q, p)$

Type II. $\{3, 2, 1\} \leftrightarrow \{q, p, p + q\} = L(3p + 2q, p + q)$

Layered Triangulations of Handlebodies



EXAMPLE: Minimal triangulation of genus 2 handlebody (t the number of tetrahedra, $t = 3g - 2$ for minimal triangulation of genus g handlebody.)

Theorem. *Given any one-vertex triangulation \mathcal{T}_∂ on the boundary of a handlebody, there is a layered triangulation \mathcal{T} of the handlebody extending the triangulation \mathcal{T}_∂ .*

QUESTION: “How common are one-vertex triangulations?”

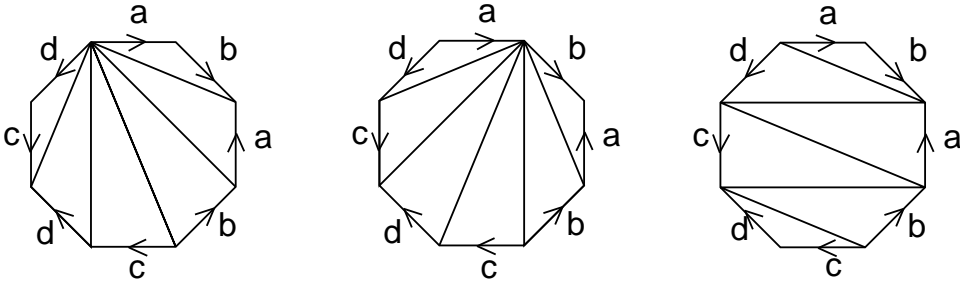


FIGURE: One-vertex (minimal) triangulations of genus 2, closed, orientable surface.

Theorem. *Any closed orientable 3–manifold admits a one-vertex (layered) triangulation.*

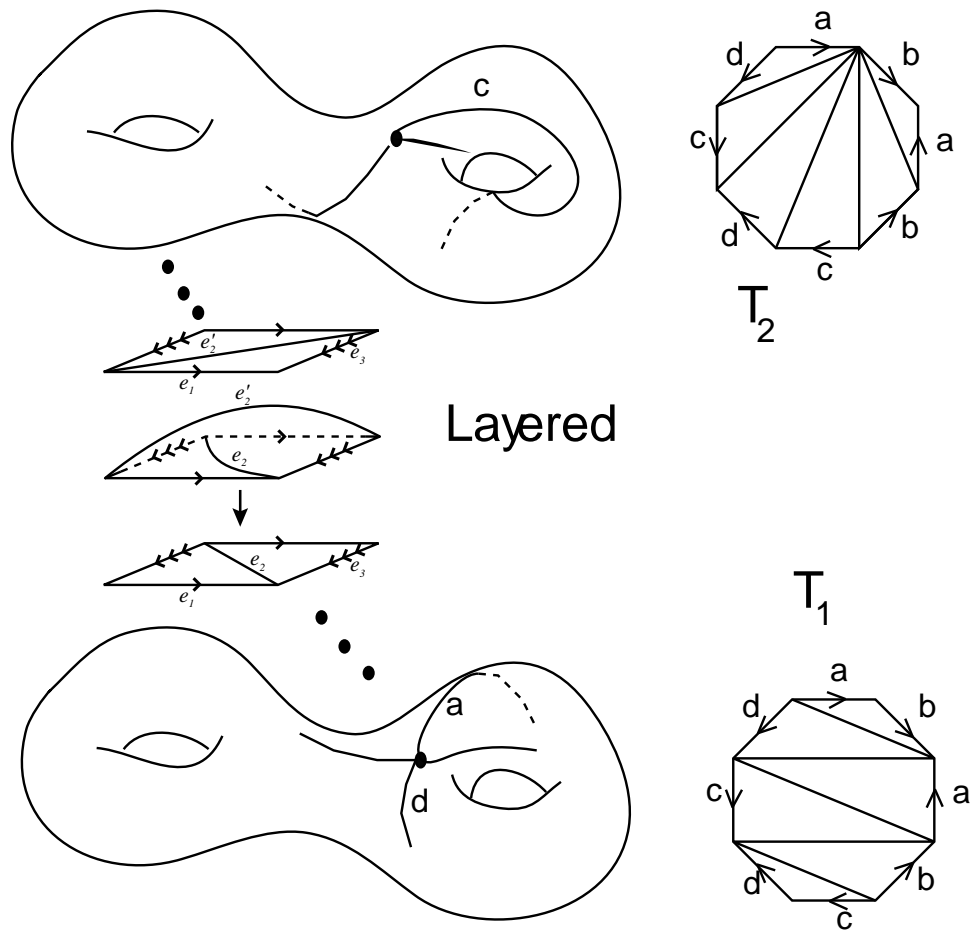


FIGURE: One-vertex triangulations of closed, orientable 3-manifolds from layered triangulations of handlebodies.

NORMAL SURFACE THEORY

A triangulation \mathcal{T} of a 3-manifold M determines a class of surfaces in M called **normal** or **almost normal surfaces**.

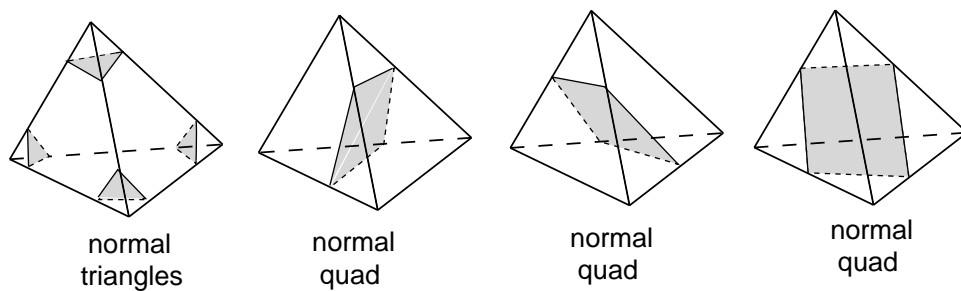


FIGURE: Elementary normal disks in Normal Surface Theory.

EXAMPLES:

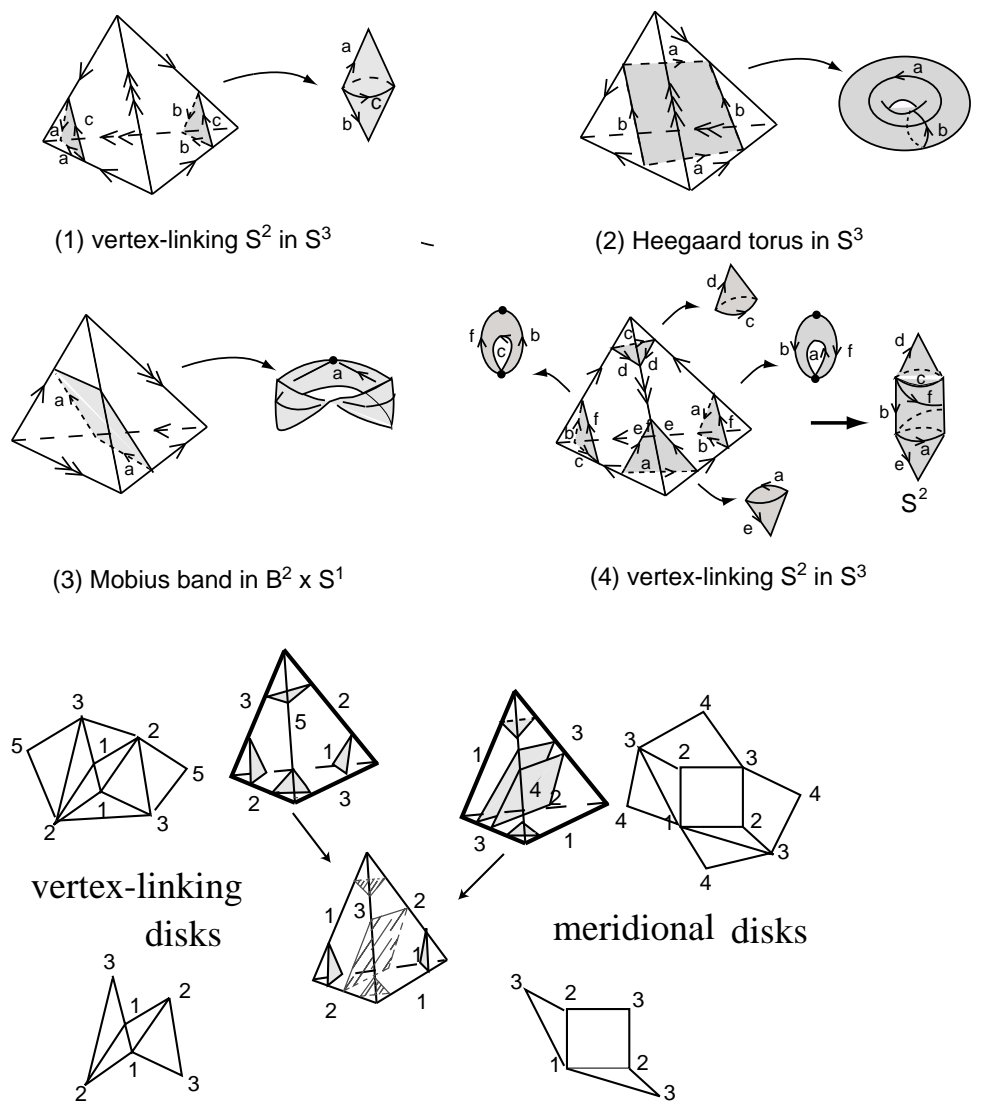


FIGURE: Some Examples of normal surfaces.

Existence of Normal Surfaces

- *vertex-linking* - collection of all elementary triangles; normally isotopic to the boundary of a small regular neighborhood of the vertices.
- *edge-linking* - basically, normally isotopic to a small regular neighborhood of an edge. This is sometimes a torus (always for one-vertex triangulations) and sometimes is not normal.
- **Theorem.** M a 3-manifold and F an essential embedded surface in M . Then for any triangulation of M there is an essential, embedded normal surface in M (which is homeomorphic to F).

Existence of Normal Surfaces (con't)

- **Theorem.** M a 3–manifold, \mathcal{T} a triangulation of M and K and L are disjoint subcomplexes. Then there is a normal surface separating K from L . These are called **splitting surfaces**.

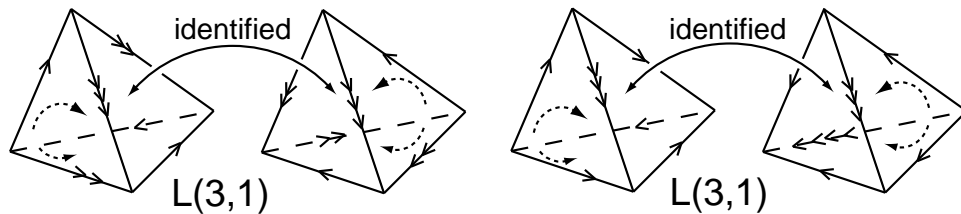
Remark. If $M = H \cup_S H'$ is a Heegaard splitting of the 3–manifold M and \mathcal{T} is the “natural” two-vertex triangulation of M coming from this Heegaard splitting of M , then the Heegaard surface S is a splitting surface with K and L being the two vertices of \mathcal{T} .

- \mathcal{T} a triangulation of the irreducible 3–manifold M , then either $M = S^3$ or there is a normal 2–sphere bounding a 3–cell in M and containing all the vertices of \mathcal{T} .

0-EFFICIENT TRIANGULATIONS

Closed 3-manifolds

The triangulation \mathcal{T} of the closed, orientable 3-manifold M is **0-efficient** iff the only normal, embedded 2-spheres are vertex-linking.



A. Two solid tori; 0-efficient B. Solid torus and 3-cell;
not 0-efficient

Proposition. *Suppose M is a closed, orientable 3-manifold. If M has a 0-efficient triangulation, then M is irreducible and $M \neq \mathbb{R}P^3$. Furthermore, either the triangulation has one vertex or M is S^3 and the triangulation has precisely two vertices.*

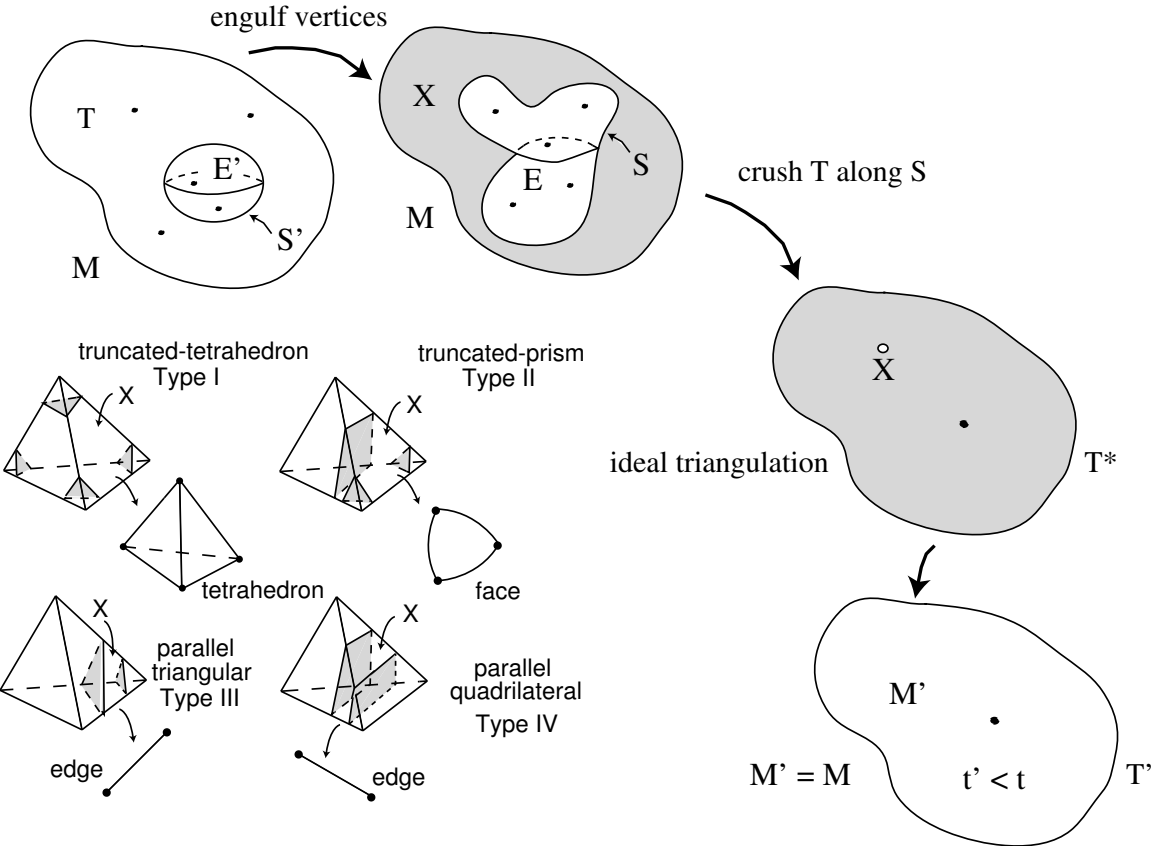
Remark. Suppose the closed, orientable 3–manifold M has a 0–efficient triangulation \mathcal{T} .

1. If \mathcal{T} has an edge that bounds an embedded disk, then $M = S^3$. ($M \neq S^3$, then every edge is knotted.)
2. If \mathcal{T} has an edge of order one, then $M = S^3$.
3. If \mathcal{T} has a face which is a cone, then $M = S^3$.
4. If \mathcal{T} has an edge of order two, then \mathcal{T} can be reduced or $M = L(3, 1)$ or $L(4, 1)$, and
5. If \mathcal{T} has an edge of order three, the \mathcal{T} can be reduced or $M = L(5, 2)$ or \mathcal{T} contains, as a subcomplex, the two-tetrahedron, geodesic layered triangulation $\{4, 3, 1\}$ of the solid torus.

Question: “How common are 0-efficient triangulations?”

Theorem. *A closed, orientable, irreducible 3-manifold distinct from $\mathbb{R}P^3$ has a 0-efficient triangulation.*

Outline of Proof.



Theorem. *Given a closed, orientable 3–manifold M , there is an algorithm to construct a finite family of 3–manifolds, M_1, \dots, M_n , so that $M = M_1 \# \dots \# M_n$, where $M_i, i = 1, \dots, n$, either has a 0–efficient triangulation or can be shown to be homeomorphic with one of $S^3, S^2 \times S^1, \mathbb{R}P^2$, or the lens space, $L(3, 1)$.*

Theorem (3–Sphere Recognition Problem). *Given a 3–manifold M , it can be decided if M is homeomorphic with the 3–sphere.*

Bounded 3–manifolds

A triangulation of a compact 3–manifold with non-empty boundary is **0–efficient** if and only if all normal disks are vertex-linking.

Proposition. *Suppose M is a compact, orientable 3–manifold with nonempty boundary, no component of which is a 2–sphere. If M has a 0–efficient triangulation, then there are no normal 2–spheres and M is irreducible and ∂ –irreducible. Furthermore, the triangulation has all its vertices in ∂M and has precisely one vertex in each boundary component.*

Theorem. *A compact, orientable, irreducible, ∂ –irreducible 3–manifold with nonempty boundary has a 0–efficient triangulation.*

Ideal Triangulations

The ideal triangulation \mathcal{T} of $\overset{\circ}{M}$ is a **0-efficient ideal triangulation** if and only if there are no normal 2-spheres.

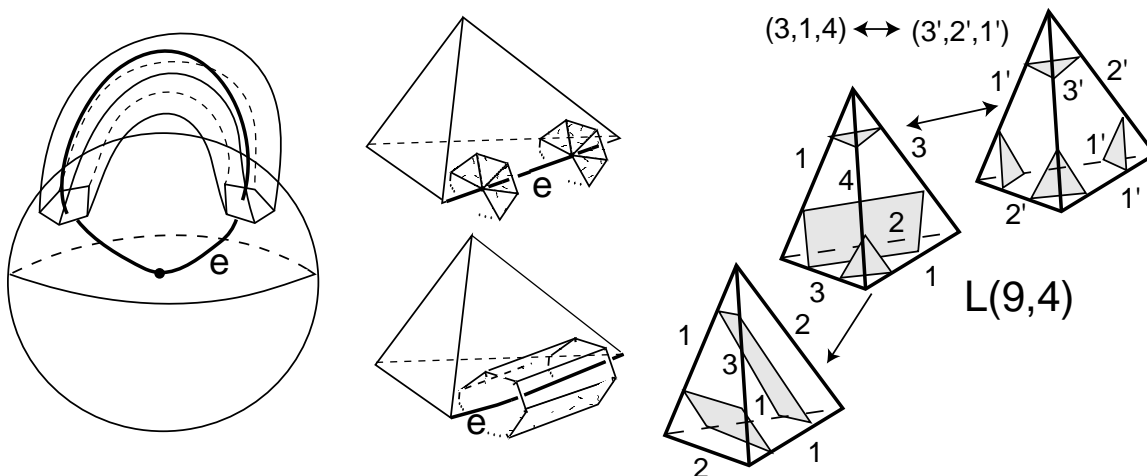
Theorem. *Suppose M is a compact, irreducible, ∂ -irreducible 3-manifold. Then any ideal triangulation of $\overset{\circ}{M}$ can be modified to a 0-efficient ideal triangulation of $\overset{\circ}{M}$.*

1-EFFICIENT TRIANGULATIONS

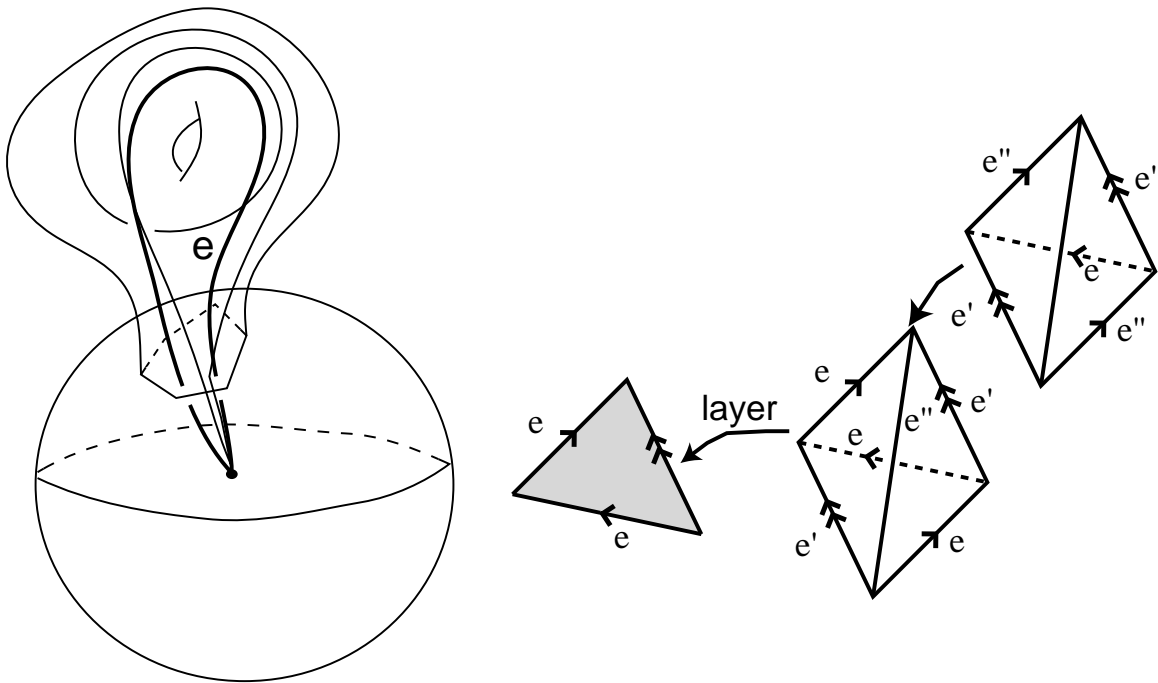
Closed 3-manifolds

M a closed, orientable 3-manifold, \mathcal{T} a triangulation of M . A normal torus, embedded in M is:

- a **thin edge-linking torus** if it is normally isotopic to a regular neighborhood of an edge in \mathcal{T} .



- a **thick edge-linking torus** if it is normally isotopic to the boundary of a geodesic layered solid torus, which is a subcomplex of \mathcal{T} .



A normal torus is **edge-linking** iff it is either a thin edge-linking torus or a thick edge-linking torus.

A triangulation \mathcal{T} of a closed, orientable 3-manifold is **1-efficient** iff it is 0-efficient and every normal torus is edge-linking.

Proposition. *Suppose M is a closed, orientable 3-manifold. If M has a 1-efficient triangulation, then M is irreducible, atoroidal and $M \neq \mathbb{R}P^3$.*

Remarks:

1. A minimal layered triangulation of a lens space (distinct from $\mathbb{R}P^3$) is 1-efficient.
2. There are infinitely many 0-efficient triangulations of a lens space (distinct from $\mathbb{R}P^3$); however, there are only finitely many 1-efficient triangulations.

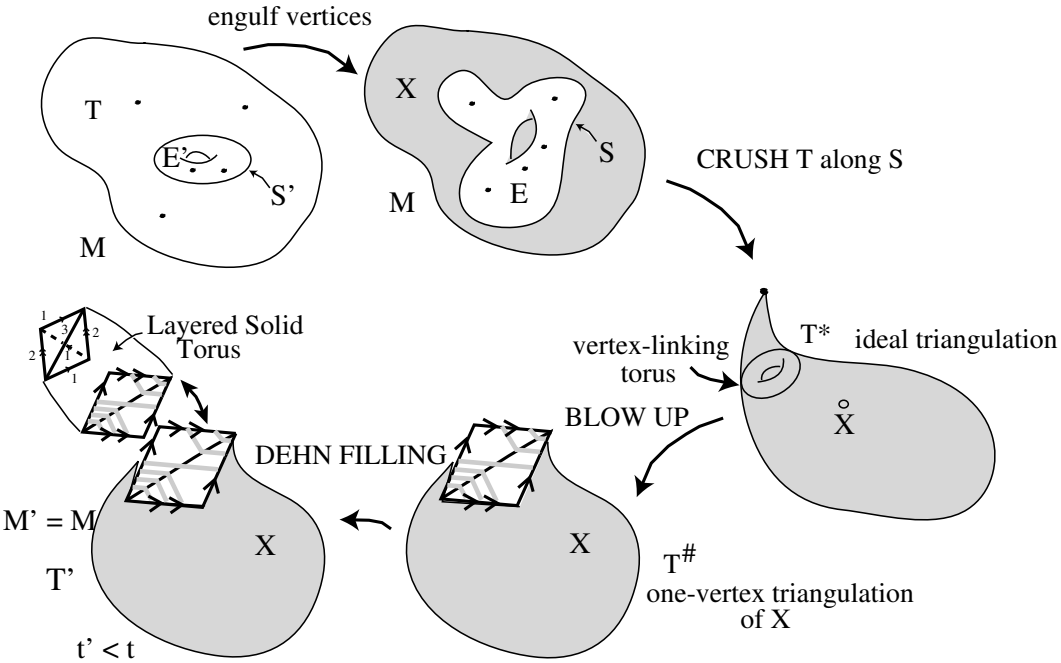
A triangulation \mathcal{T} of the 3-manifold M is said to be **minimal** if for any triangulation \mathcal{T}' of M , we have $t \leq t'$, where t and t' are the number of tetrahedra of \mathcal{T} and \mathcal{T}' , respectively.

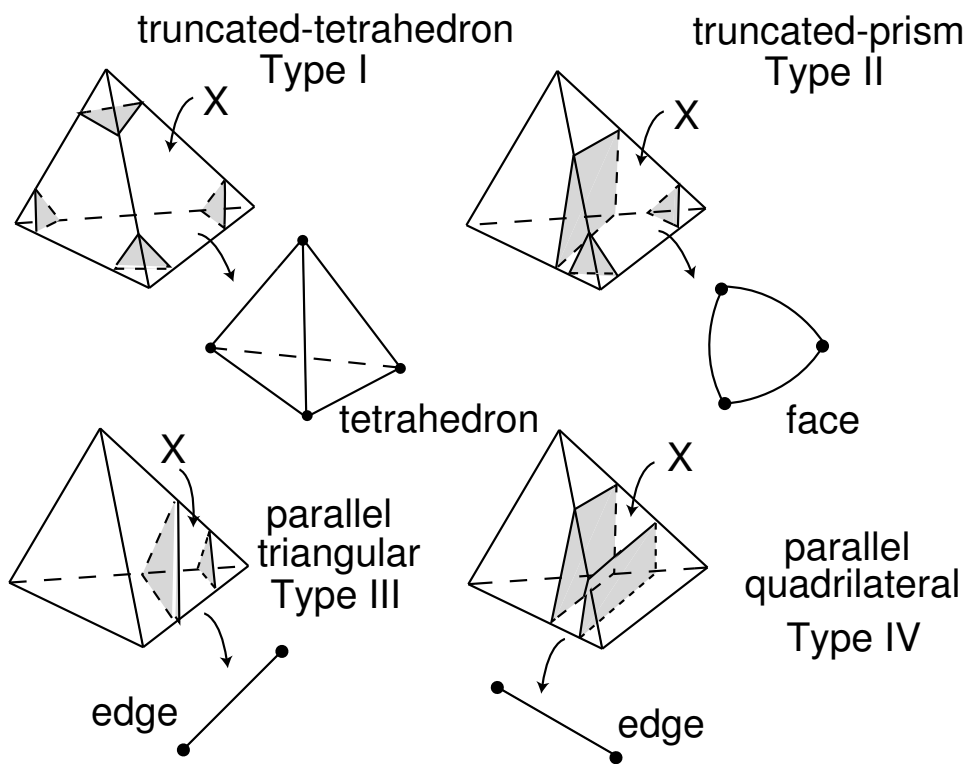
3. A minimal triangulation of an irreducible 3-manifold (distinct from $\mathbb{R}P^3$) must be 0-efficient. We do not know if a minimal triangulation of an irreducible, atoroidal 3-manifold (distinct from $\mathbb{R}P^3$) is 1-efficient.

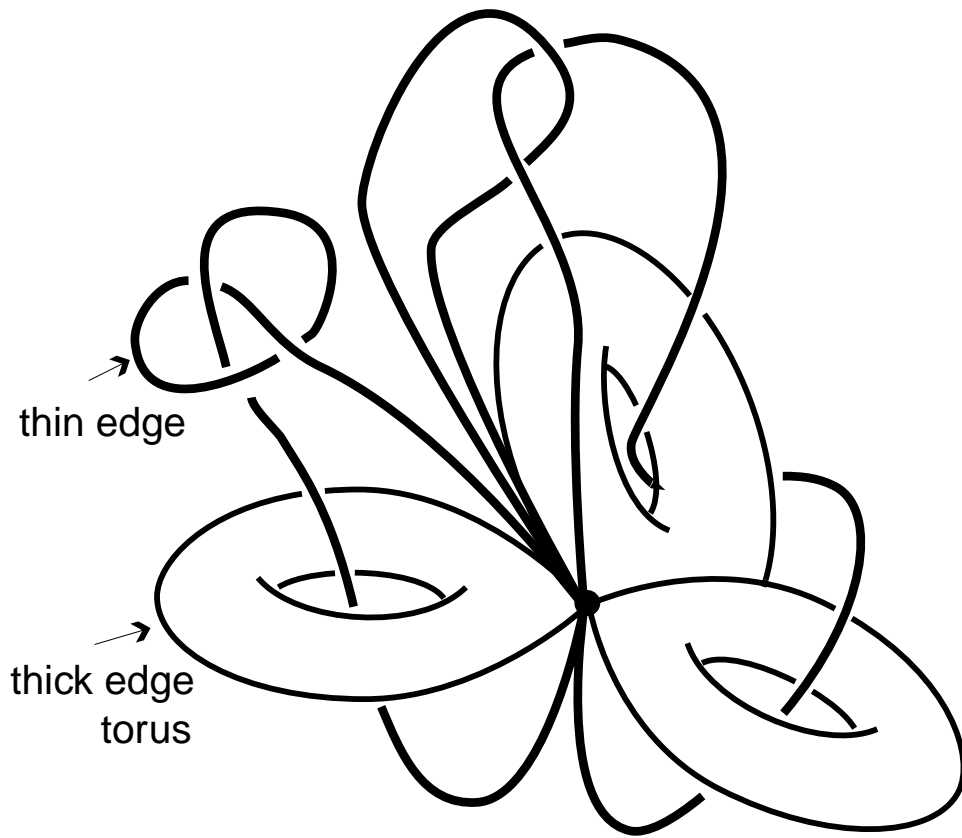
Question: “How common are 1-efficient triangulations?”

Theorem. *Suppose M is a closed, orientable, irreducible, atoridal 3-manifold. Then any triangulation of M can be modified to a 1-efficient triangulation or it can be shown that M is homeomorphic to S^3 , a lens space, or a small Seifert fiber space.*

Outline of Proof.







(a) Thick and thin edges

Ideal Triangulations

The ideal triangulation \mathcal{T} of $\overset{\circ}{M}$ is a **1-efficient ideal triangulation** if and only if it is 0-efficient and the only normal tori are vertex-linking.

Theorem. *Suppose M is a compact, irreducible, ∂ -irreducible, atoridal 3-manifold M with boundary a collection of tori. Then any ideal triangulation of $\overset{\circ}{M}$ can be modified to a 1-efficient ideal triangulation of $\overset{\circ}{M}$.*